

# Executive Summary 2024



All photos by Rebecca O'Neil



Manchester & Merrimack, NH  
[masnh.org](http://masnh.org)

from Andy Wegman, director & LAc

# Honest Affordable Reliable

MAS is the only non-profit acupuncture provider in  
New Hampshire - operating since 2007



## Incredible Value and Service

MAS maintains the title of busiest acupuncture provider in the State of NH - and one of the busiest in the US. Over the past 18 years, MAS acupuncturists have provided over 320,000 treatments saving patients well over 19 million dollars (!! ) vs market rates for the same number of treatments.

## Thanks to our Staff & BOD

MAS standards for quality & stability are a product of lots of people working very hard - and consistently so. We are fortunate to maintain a terrific group of caring, smart people throughout the organization. The volunteer Board of Directors and entire Staff make MAS run, year after year.

## When People Need It Most

Beyond the famous low sliding-scale fees, MAS has long-offered free and discounted treatments to people with acute/ intense medical needs. The Health Crisis Program is funded by our donors. Nearly 5% of all treatments provided at MAS fall within this program.

## And to all MAS Donors in 2024

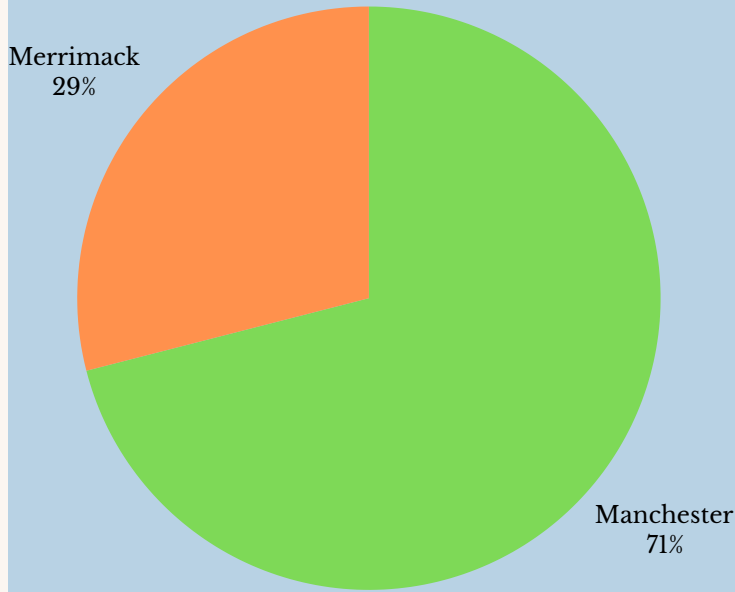
David & Christian Conti, Doreen & Dana Bourassa, Joanna Buturlia-Melo, Nancy Driscoll, Russell Silverman, Karyl Elias, Sean McCarthy, Anne Gleason, Beth Wehner, Beth Griffey, Diane Oullette, Ben Baroody, Becky O'Neil and Matt Hand.

MAS simply couldn't do it without you. Thank you!

Proven, simple, safe and inexpensive.  
Count on MAS.



# 2024 by the numbers

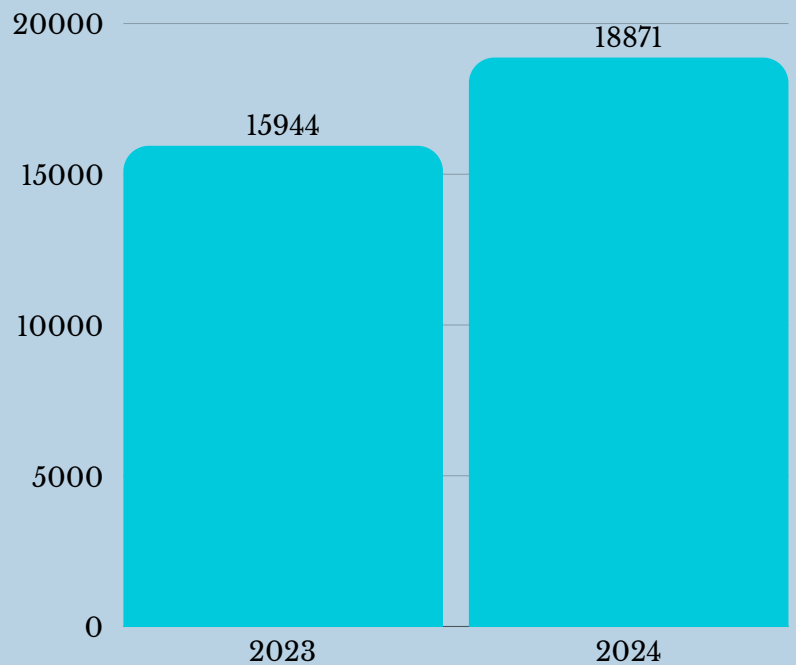


A total of 18,871 individual acupuncture treatments given in 2024

13,282 in Manchester  
5,588 in Merrimack

MAS performed almost 20% more treatments in 2024 vs 2023.

Of these treatments in 2024, nearly 1,000 were provided at no cost to patients.



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## **MAS worked side-by-side with the following organizations this past year:**

Dartmouth Hitchcock Integrative Medical Program, The Cashin Senior Center, HOPE for Recovery Community Center, Lakes Region Casino, The Majestic Theater and POCA (People's Organization of Community Acupuncture)



## **2024 into 2025**

In addition to a growing Home-Visit Program, MAS also launched the 5NP Ear Acupuncture Training Program teaming with HOPE for Recovery and POCA. 5NP is a well-known recipe of five ear points that helps address physical and emotional symptoms related to toxic stress, drug and alcohol detox, chronic pain, anxiety, PTSD, depression, trauma, shock and addiction recovery.

Plans for trainings will extend into 2025 and beyond.

